

Lunch Menu

we operate a pay as you order system - our prices include VAT
any gratuities are gratefully received and shared equally by the staff

please ask for more menu details if you require them, particularly if you have any food allergies

when ordering please specify your preference for chicken / pork / veggie / spicy / mildly spicy if such options are available !

(V) indicates suitable for **vegetarians** (no meat, no fish) **(V)** **(P)** indicates suitable for **pescatorians** (fish eating vegetarians) **(P)**

- 1 **chikin kara-agé teishoku** チキンからあげ定食
fresh, free range chicken breast chunks, marinated in soy and ginger and deep fried, served with rice and miso soup £7.00
- 2 **yasai itame teishoku** やさいいため定食 (contains no meat, but is seasoned with a little fish stock) with tofu ... £7.00 **(P)**
diced carrots, mange toute, baby corn, oriental chives and beansprouts, stir fried in japanese seasoning, served with rice and miso soup £6.00 **(P)**
yasai itame (V) prepared as above but without fish stock seasoning, served with rice only (no soup, because the soup contains fish stock) £5.00 **(V)**
with tofu ... £6.00 **(V)**
- 3 **chikin katsu teishoku** チキンかつ定食
fresh, free range chicken breast fillet, coated in japanese breadcrumbs and deep fried, served with rice, miso soup and a fruity dipping sauce £7.50
- 4 **samon teri teishoku** "えだまめ風" サーモンてり定食
fresh salmon fillets, marinated and poached in "edamame-style" teriyaki sauce, served with rice and miso soup £9.00 **(P)**
- 5 **porku katsu kare teishoku / chikin kare teishoku** カツカレー (又はチキンカツカレー) (みそ汁付)
breaded pork (or free range chicken) deep fried cutlet, on rice, covered with our delicious home-made pork curry sauce, served with miso soup £8.50
- 6 **shoyu ramen / chikin shoyu ramen** しょうゆラーメン (又はチキンからあげしょうゆラーメン)
fresh wheat noodles, tender chunks of seasoned pork (or free range chicken), bamboo shoots, beansprouts and leeks in a large bowl of soy broth £6.50
- 7 **porku / chikin miso ramen (spicy/mildly spicy option)** みそラーメン (チキンもできる) **veggie version** £7.00 **(V)** with tofu ... £8.00 **(V)**
fresh wheat noodles, seasoned minced pork (or chicken), mange toute, sweetcorn, carrots, bamboo and leeks in a large bowl of miso based broth £8.00
- 8 **yakisoba (stir fried noodles)** やきそば (みそ汁付) **vegetarian version (no miso soup)** ... £6.00 **(V)** with tofu ... £7.00 **(V)**
fresh wheat soba noodles, stir fried with vegetables, seaweed powder, pickled ginger, served with a bowl of miso soup **pescatorian (no meat) version (with miso soup)** ... £7.00 **(P)** with tofu ... £8.00 **(P)**
pork / chicken version (with seasoned minced pork or chicken) £8.00

side orders (all £2.00)

**** top up refills of rice / miso soup (お代わり) are available for only £1.00**

edamame (V)	えだまめ	<i>delicious and addictive green baby soy beans, our signature dish - enjoy some while we prepare your lunch !</i>
tsukemono (V)	つけもの	<i>mixed pickled vegetables, a crunchy accompaniment to your meal</i>
salad (V)	サラダ	<i>mixed salad with a tasty savoury japanese dressing, sprinkled with toasted white sesame seeds</i>
natto (V)	ねぎなっとう	<i>sticky, fermented soy beans, topped with a sprinkling of chopped leeks - an acquired taste for some !</i>
** rice (V)	ごはん	<i>bowl of japanese 'sticky' rice (£1.00 if ordered together with a ramen or soba main dish)</i>
** miso soup (P)	みそしる	<i>traditional home-made miso soup, topped with a sprinkling of chopped leeks (contains a little fish stock)</i>

drinks

beers ビール [5% abv] served ice cold in frosted glasses !

asahi super dry lager	can 350ml	£2.50
asahi kuro nama dark beer	can 350ml	£2.50

wines ワイン

choya	<i>fruity and aromatic japanese plum wine [10% abv]</i>	shot glass	£1.50	bottle 750ml	£13.00
red // white	<i>medium house wines [12% abv]</i>	glass 175ml	£2.50	bottle 750ml	£10.00

sake 酒 rice wine [15% abv] - served warm (or cold on request) in **tokkuri flasks, and you drink it from tiny **ochoko** cups of your choice**

ozeki karakuchi	<i>small tokkuri (125ml)</i>	£3.50
ozeki karakuchi	<i>large tokkuri (250ml)</i>	£6.00

soft drinks ソフトドリンク all cold soft drinks are served with ice unless otherwise requested

coca cola, diet coke, sprite, orange juice, apple juice	£1.00
mineral water - sparkling / still (500ml bottle)	£1.50
oolong cha <i>imported tea, served cold</i>	£1.50
calpis <i>the popular japanese yoghurt drink</i>	£1.50
houji cha <i>toasted green tea, served hot (initial cup is complimentary, with free refills before 12.30pm and after 2.00pm)</i>	£0.50